ENT AND ALLERGY SPECIALISTS

Brian J. Broker, MD
Laurence V. Cramer, DO
Paul B. Swanson, MD
Chris D Pool, MD

Rachael McQuillan, CRNP
Nicole Podjed, PA-C
Kaitlyn Gilsenan, PA-C
Megan Grady, PA-C

INSTRUCTIONS FOLLOWING MYRINGOTOMY AND TUBE INSERTION (BMT)

1. You may see a few drops of blood in the ear canal or on your pillow. If this persists for more than 24 hours please call the doctor at the office number below.

2. Tylenol or Motrin may be used for ear discomfort as needed.

3. **Keep all water out of your ears when swimming in ocean or lake water**. **No precautions needed in swimming pool.** Earplugs may be purchased in the pharmacy under the name of Mack's Ear Plugs. Cotton placed in the ear may be covered with Vaseline to keep water out.

4. Children may return to their normal activities the day following surgery.

□ Floxin drops _____ drops each ear three times per day for □ three / □ seven days.

□ Ciprodex drops _____ drops each ear three times per day for □ three / □ seven days.

If after the placement of the drops, you child begins to experience pain, please discontinue the drops. The discomfort will resolve in several minutes.

Call the office number below for your follow-up appointment in _____ days/weeks.

****Take all medications as prescribed! DO NOT cut, crush or chew unless prescribed that way or instructed by your physician!**

**** If you are unable to reach a Doctor after hours call the answering service directly @ 610/792-2806**

Post Operative instructions reviewed. All questions have been answered.

Patient/ Guardian Signature: _____ Date: _____

Staff Signature: _____